



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Büttner-Claus, Jörg

Club: Kerpen
Number: 67

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 50 bis 59 Jahre

Total time: 1:10:06

Speed: 8.56 km/h
Running performance: 6:41 min/km

Rank in course/Total: 342 (of 389)

Rank in course/Men: 279 (of 301)

Best time in course: 32:58

Rank in category: 78(of 86)

Best time in the category: 42:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Rundenzeit	2.10	14:17	6:48	82	6:14	289	7:55	2.10	14:17	6:48	82	6:14	289	7:55				
Rundenzeit	2.10	13:25	6:23	79	5:01	275	11:47	4.20	27:42	6:35	79	11:15	279	14:48				
Rundenzeit	2.10	13:40	6:30	76	5:03	269	7:00	6.30	41:22	6:33	77	16:17	275	21:48				
Rundenzeit	2.10	14:07	6:43	74	5:20	273	7:27	8.40	55:29	6:36	77	21:36	275	29:15				
Finish	2.10	14:37	6:57	80	6:16	280	7:53	10.50	1:10:06	6:40	78	27:35	279	37:08				