



19. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Schröder, Simone

Club: Turnerschaft Bielefeld v. 1878 e.V.
Number: 355

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Juniorinnen 16 bis 19 Jahre

Total time: 1:12:32

Speed: 8.27 km/h
Running performance: 6:55 min/km

Rank in course/Total: 352 (of 389)

Rank in course/Women: 69 (of 88)

Best time in course: 45:40

Rank in category: 3(of 5)

Best time in the category: 54:18

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.10	14:02	6:40	4	3:24	65	5:13	2.10	14:02	6:40	4	3:24	65	5:13
Rundenzeit	2.10	14:06	6:42	2	3:20	71	12:28	4.20	28:08	6:41	4	6:44	70	10:14
Rundenzeit	2.10	14:50	7:03	3	3:49	72	5:36	6.30	42:58	6:49	3	10:33	72	15:43
Rundenzeit	2.10	15:01	7:09	2	3:55	68	5:32	8.40	57:59	6:54	3	14:28	72	21:10
Finish	2.10	14:33	6:55	4	3:46	68	5:43	10.50	1:12:32	6:54	3	18:14	69	26:52