



19. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Barthel, Beatrice

Club: Wolfsberg

Number: 15

Course: 10.50 km

10 km (680 m unter der Erdoberfläche)

Category:

Frauen 40 bis 49 Jahre

Total time: 1:20:56

Speed: 7.41 km/h

Running performance: 7:43 min/km

Rank in course/Total: 373 (of 389)

Rank in course/Women: 82 (of 88)

Best time in course: 45:40

Rank in category: 22(of 22)

Best time in the category: 48:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.10	15:03	7:10	22	6:05	79	6:14	2.10	15:03	7:10	22	6:05	79	6:14
Rundenzeit	2.10	15:22	7:19	22	5:46	84	13:44	4.20	30:25	7:14	22	11:51	82	12:31
Rundenzeit	2.10	16:23	7:48	22	6:34	82	7:09	6.30	46:48	7:25	22	18:25	83	19:33
Rundenzeit	2.10	17:10	8:10	22	7:13	83	7:41	8.40	1:03:58	7:36	22	25:26	83	27:09
Finish	2.10	16:58	8:04	22	7:06	83	8:08	10.50	1:20:56	7:42	22	32:31	82	35:16