



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Hartmann, Tobias

Club: Berlin
Number: 150

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 20 bis 29 Jahre

Total time: 47:50

Speed: 12.54 km/h
Running performance: 4:34 min/km

Rank in course/Total: 50 (of 389)

Rank in course/Men: 47 (of 301)

Best time in course: 32:58

Rank in category: 4(of 30)

Best time in the category: 42:16

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	10:00	4:45	6	2:07	65	3:38	2.10	10:00	4:45	6	2:07	65	3:38
Rundenzeit	2.10	9:23	4:28	10	7:45	65	7:45	4.20	19:23	4:36	7	3:07	62	6:29
Rundenzeit	2.10	9:25	4:29	4	0:35	40	2:45	6.30	28:48	4:34	7	3:42	57	9:14
Rundenzeit	2.10	9:35	4:33	3	0:47	40	2:55	8.40	38:23	4:34	5	4:29	49	12:09
Finish	2.10	9:27	4:29	4	1:05	36	2:43	10.50	47:50	4:33	4	5:34	47	14:52