



19. Sondershäuser Kristall-Lauf

Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Teubner, Florian

Club: SV 1910 Leipzig
Number: 392

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 30 bis 39 Jahre

Total time: 48:18

Speed: 13.04 km/h
Running performance: 4:36 min/km

Rank in course/Total: 52 (of 389)

Rank in course/Men: 49 (of 301)

Best time in course: 32:58

Rank in category: 15(of 68)

Best time in the category: 32:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	9:27	4:29	12	3:05	41	3:05	2.10	9:27	4:29	12	3:05	41	3:05
Rundenzeit	2.10	9:20	4:26	22	2:48	62	7:42	4.20	18:47	4:28	13	5:53	43	5:53
Rundenzeit	2.10	9:41	4:36	20	3:01	59	3:01	6.30	28:28	4:31	17	8:54	51	8:54
Rundenzeit	2.10	10:07	4:49	21	3:27	64	3:27	8.40	38:35	4:35	17	12:21	52	12:21
Finish	2.10	9:43	4:37	17	2:59	50	2:59	10.50	48:18	4:35	15	15:20	49	15:20