



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Baronjan, Anna

Club: Tri-Finisher Berlin e.V.
Number: 12

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Frauen 40 bis 49 Jahre

Total time: 48:25

Speed: 12.39 km/h
Running performance: 4:37 min/km

Rank in course/Total: 55 (of 389)

Rank in course/Women: 4 (of 88)

Best time in course: 45:40

Rank in category: 1(of 22)

Best time in the category: 48:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	2.10	8:58	4:16	1	-	2	0:09	2.10	8:58	4:16	1	-	2	0:09
Rundenzeit	2.10	9:36	4:34	1	-	7	7:58	4.20	18:34	4:25	1	-	4	0:40
Rundenzeit	2.10	9:49	4:40	1	-	5	0:35	6.30	28:23	4:30	1	-	4	1:08
Rundenzeit	2.10	10:09	4:49	3	0:12	8	0:40	8.40	38:32	4:35	1	-	4	1:43
Finish	2.10	9:53	4:42	2	0:01	7	1:03	10.50	48:25	4:36	1	-	4	2:45