



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Finsel, Alexander

Total time: 35:18

Club: TV 1848 Coburg/Team INTERSPORT WOHLLEBEN
Number: 104

Avg Speed: 17.00 km/h

Running performance: 3:22 min/km

Course: 10.50 km

Rank in course/Total: 2 (of 389)

10 km (680 m unter der Erdoberfläche)

Rank in course/Men: 2 (of 301)

Best time in course: 32:58

Category:

Rank in category: 1(of 83)

Männer 40 bis 49 Jahre

Best time in the category: 35:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Rundenzeit	2.10	6:51	3:15	1	-	2	0:29	2.10	6:51	3:15	1	-	2	0:29				
Rundenzeit	2.10	6:59	3:19	1	-	4	5:21	4.20	13:50	3:17	1	-	2	0:56				
Rundenzeit	2.10	7:07	3:23	1	-	2	0:27	6.30	20:57	3:19	1	-	2	1:23				
Rundenzeit	2.10	7:10	3:24	1	-	3	0:30	8.40	28:07	3:20	1	-	2	1:53				
Finish	2.10	7:11	3:25	1	-	3	0:27	10.50	35:18	3:21	1	-	2	2:20				