



19. Sondershäuser Kristall-Lauf
Brügman-Schacht Sondershausen / 22.10.2016

Detailed evaluation

Borg-Krebs, Christian

Club: Kostheim
Number: 47

Course: 10.50 km
10 km (680 m unter der Erdoberfläche)

Category:
Männer 20 bis 29 Jahre

Total time: 50:30

Speed: 11.88 km/h
Running performance: 4:49 min/km

Rank in course/Total: 83 (of 389)

Rank in course/Men: 74 (of 301)

Best time in course: 32:58

Rank in category: 10(of 30)

Best time in the category: 42:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.10	10:20	4:55	9	2:27	77	3:58	2.10	10:20	4:55	9	2:27	77	3:58
Rundenzeit	2.10	9:12	4:22	6	7:34	51	7:34	4.20	19:32	4:39	8	3:16	68	6:38
Rundenzeit	2.10	9:54	4:42	9	1:04	65	3:14	6.30	29:26	4:40	9	4:20	68	9:52
Rundenzeit	2.10	10:29	4:59	11	1:41	88	3:49	8.40	39:55	4:45	10	6:01	70	13:41
Finish	2.10	10:35	5:02	18	2:13	106	3:51	10.50	50:30	4:48	10	8:14	74	17:32