



36. Silberberglauf
Möhrenbach/ Thüringen / 14.05.2016

Detailed evaluation

Thomas, Frank

Club: LAV Saale-Rennsteig
Number: 735

Course: 18.00 km
Großer Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:30:00

Speed: 12.00 km/h
Running performance: 5:00 min/km

Rank in course/Total: 16 (of 48)

Rank in course/Men: 15 (of 40)

Best time in course: 1:02:42

Rank in category: 3(of 7)

Best time in the category: 1:12:32