



36. Silberberglauf  
Möhrenbach/ Thüringen / 14.05.2016

Detailed evaluation

Ros, Kira

Club: Ilmenau  
Number: 642

Course: 11.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:02:34

Speed: 10.55 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 50 (of 80)  
Rank in course/Women: 7 (of 18)  
Best time in course: 53:05

Rank in category: 2(of 5)  
Best time in the category: 58:53