



36. Silberberglauf  
Möhrenbach/ Thüringen / 14.05.2016

Detailed evaluation

Lambeck, Tina

Club: Ilmenau  
Number: 130

Course: 5.00 km  
Schnupperlauf

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 30:02

Speed: 9.99 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 14 (of 37)  
Rank in course/Women: 4 (of 17)  
Best time in course: 27:42

Rank in category: 2(of 5)  
Best time in the category: 29:30