



36. Silberberglauf  
Möhrenbach/ Thüringen / 14.05.2016

Detailed evaluation

Kraus, Katja

Club: WSV Alpine Ilmenau  
Number: 115

Course: 5.00 km  
Schnupperlauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 30:59

Speed: 9.68 km/h  
Running performance: 6:12 min/km

Rank in course/Total: 16 (of 37)  
Rank in course/Women: 5 (of 17)  
Best time in course: 27:42

Rank in category: 2(of 3)  
Best time in the category: 27:42