



36. Silberberglauf  
Möhrenbach/ Thüringen / 14.05.2016

Detailed evaluation

Krüger, Udo

Club: Technoteam

Number: 137

Course: 5.00 km

Schnupperlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 32:19

Speed: 9.28 km/h

Running performance: 6:28 min/km

Rank in course/Total: 22 (of 37)

Rank in course/Men: 13 (of 20)

Best time in course: 21:20

Rank in category: 1(of 1)

Best time in the category: 32:19