



36. Silberberglauf
Möhrenbach/ Thüringen / 14.05.2016

Detailed evaluation

Göde, Heiko

Club: SC Motor Zella-Mehlis
Number: 667

Course: 11.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 47:43

Speed: 13.83 km/h
Running performance: 4:20 min/km

Rank in course/Total: 12 (of 80)

Rank in course/Men: 12 (of 62)

Best time in course: 40:31

Rank in category: 3(of 7)

Best time in the category: 42:16