



36. Silberberglauf
Möhrenbach/ Thüringen / 14.05.2016

Detailed evaluation

Esche, Sonja

Club: LSV Lok Arnstadt
Number: 627

Course: 11.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 58:53

Speed: 11.21 km/h
Running performance: 5:21 min/km

Rank in course/Total: 39 (of 80)
Rank in course/Women: 3 (of 18)
Best time in course: 53:05

Rank in category: 1(of 5)
Best time in the category: 58:53