



18. Slusialauf
Schleusingen / 08.05.2016

Detailed evaluation

Amarell, Alex

Number: 217

Course: 14.10 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:08:03

Speed: 12.43 km/h

Running performance: 4:50 min/km

Rank in course/Total: 12 (of 66)

Rank in course/Men: 10 (of 52)

Best time in course: 51:20

Rank in category: 2(of 9)

Best time in the category: 56:53