



18. Slusialauf
Schleusingen / 08.05.2016

Detailed evaluation

Bärwolf, Silvia

Club: Lauffreud Breitungem
Number: 200

Course: 14.10 km
Hauptlauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:11:50

Speed: 11.78 km/h
Running performance: 5:05 min/km

Rank in course/Total: 17 (of 66)
Rank in course/Women: 4 (of 14)
Best time in course: 1:06:52

Rank in category: 2(of 3)
Best time in the category: 1:11:48