



18. Slusialauf
Schleusingen / 08.05.2016

Detailed evaluation

Hesse, Bernd

Club: HESSERUNNERS

Number: 32

Course: 14.10 km

Hauptlauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:22:01

Speed: 10.31 km/h

Running performance: 5:49 min/km

Rank in course/Total: 44 (of 66)

Rank in course/Men: 36 (of 52)

Best time in course: 51:20

Rank in category: 3(of 5)

Best time in the category: 1:12:49