



18. Slusialauf  
Schleusingen / 08.05.2016

Detailed evaluation

Lenz, Rocco

Club: Laufgruppe Wassersuppe  
Number: 191

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:37:36

Speed: 12.97 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 3 (of 25)

Rank in course/Men: 3 (of 24)

Best time in course: 1:24:44

Rank in category: 1(of 3)

Best time in the category: 1:37:36