



18. Slusialauf
Schleusingen / 08.05.2016

Detailed evaluation

Spanaus, Ina

Number: 213

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:22:44

Speed: 8.83 km/h

Running performance: 6:46 min/km

Rank in course/Total: 25 (of 25)

Rank in course/Women: 1 (of 1)

Best time in course: 2:22:44

Rank in category: 1(of 1)

Best time in the category: 2:22:44