



3. Sparkassen MammutWalk Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Bruns, Norbert

Club: TV Beckum Wersewalker
Number: 22354

Course: 22.00 km
MammutWalk Nordic Walking

Total time: 2:47:58

Speed: 7.86 km/h

metres in height up: 107
Course score: 23.61

performance score: 185 Points