



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Mielek, Michael

Club: BTC-Herne

Number: 22320

Course: 22.00 km

MammutWalk Walking

Total time: 2:55:47

Speed: 7.51 km/h

metres in height up: 107

Course score: 23.61

performance score: 177 Points