



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Kohlhaas, Sabine

Club: TV Beckum Wersewalker

Number: 22357

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:52:12

Speed: 7.67 km/h

metres in height up: 107

Course score: 23.61

performance score: 181 Points