



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Kröniger, Karin

Club: Erler-Sportgemeinschaft

Number: 22368

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:59:03

Speed: 7.37 km/h

metres in height up: 107

Course score: 23.61

performance score: 174 Points