



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Knies, Ute

Club: Gütersloh

Number: 22307

Course: 22.00 km

MammutWalk Walking

Total time: 3:05:50

Speed: 7.10 km/h

metres in height up: 107

Course score: 23.61

performance score: 168 Points