



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

van Bergerem, Carolin

Club: Nordic Walking Hobbygruppe Ahlen

Number: 6452

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 44:26

Speed: 8.10 km/h

metres in height up: 77

Course score: 7.16

performance score: 58 Points