



### 3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

#### Detailed evaluation

#### Schüddekopf, Silke

Club: TSV Benrtup-Loßbruch

Number: 6469

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 44:50

Speed: 8.03 km/h

metres in height up: 77

Course score: 7.16

performance score: 58 Points