



3. Sparkassen MammutWalk
Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Opfer, Uwe

Club: SVA Gütersloh
Number: 6466

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 45:36

Speed: 7.89 km/h

metres in height up: 77

Course score: 7.16

performance score: 57 Points