



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Plöger, Reinhild

Club: Walking-Treff Möhnesee e.V.

Number: 6400

Course: 6.00 km

WerseWalk Walking

Total time: 54:36

Speed: 6.59 km/h

metres in height up: 77

Course score: 7.16

performance score: 47 Points