



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Sparla, Birgit

Club: Nordic Walking Hobbygruppe Ahlen

Number: 6456

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 50:02

Speed: 7.20 km/h

metres in height up: 77

Course score: 7.16

performance score: 52 Points