



### 3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

#### Detailed evaluation

Goos, Dr. med Bernd

Club: Seniorenklasse MBO Jhg 1936

Number: 6470

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 52:31

Speed: 6.85 km/h

metres in height up: 77

Course score: 7.16

performance score: 49 Points