



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Heinen, Petra

Club: AS Neukirchen-Vluyn

Number: 6463

Course: 6.00 km

WerseWalk Nordic Walking

Total time: 54:57

Speed: 6.55 km/h

metres in height up: 77

Course score: 7.16

performance score: 47 Points