



### 3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

#### Detailed evaluation

**Janasik, Tadeusz**

Club: Team Lohmann Witten

Number: 11273

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:11:58

Speed: 9.17 km/h

metres in height up: 75

Course score: 12.13

performance score: 115 Points