



### 3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

#### Detailed evaluation

Manske, Martina

Club: Wt-Soest

Number: 11219

Course: 11.00 km

HaldenWalk Walking

Total time: 1:19:20

Speed: 8.32 km/h

metres in height up: 75

Course score: 12.13

performance score: 104 Points