



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Niggemann, Theo

Club: TLV-Rünthe

Number: 11218

Course: 11.00 km

HaldenWalk Walking

Total time: 1:22:14

Speed: 8.03 km/h

metres in height up: 75

Course score: 12.13

performance score: 100 Points