



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Aumann, Johannes

Club: FCN

Number: 11250

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:23:58

Speed: 7.86 km/h

metres in height up: 75

Course score: 12.13

performance score: 98 Points