



### 3. Sparkassen MammutWalk Ahlen (Westf.), Zeche Westfalen / 18.09.2016

#### Detailed evaluation

**Selzer, Klaus**

Club: Stadt Bochum Walking-Team  
Number: 11266

Course: 11.00 km  
HaldenWalk Nordic Walking

Total time: 1:24:35

Speed: 7.80 km/h

metres in height up: 75  
Course score: 12.13

performance score: 97 Points