



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Kroll, Wilhelm

Club: Nordic Walking Werl

Number: 11264

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:24:56

Speed: 7.77 km/h

metres in height up: 75

Course score: 12.13

performance score: 97 Points