



3. Sparkassen MammutWalk
Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Schulze-Allen, Birgit

Club: NW Werl
Number: 11270

Course: 11.00 km
HaldenWalk Nordic Walking

Total time: 1:26:37

Speed: 7.62 km/h

metres in height up: 75
Course score: 12.13
performance score: 95 Points