



3. Sparkassen MammutWalk  
Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Schulze-Allen, Birgit

Club: NW Werl  
Number: 11270

Course: 11.00 km  
HaldenWalk Nordic Walking

Total time: 1:26:37

Speed: 7.62 km/h

metres in height up: 75  
Course score: 12.13  
performance score: 95 Points