



### 3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

#### Detailed evaluation

Czwikla, Karin

Club: TBS-Herne

Number: 11251

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:27:34

Speed: 7.54 km/h

metres in height up: 75

Course score: 12.13

performance score: 94 Points