



### 3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

#### Detailed evaluation

Luig, Renate

Club: TLV-Rünthe  
Number: 11268

Course: 11.00 km  
HaldenWalk Nordic Walking

Total time: 1:28:05

Speed: 7.49 km/h

metres in height up: 75  
Course score: 12.13

performance score: 94 Points