



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Luig, Renate

Club: TLV-Rünthe
Number: 11268

Course: 11.00 km
HaldenWalk Nordic Walking

Total time: 1:28:05

Speed: 7.49 km/h

metres in height up: 75
Course score: 12.13

performance score: 94 Points