



3. Sparkassen MammutWalk
Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

van Kampen, Heinz

Club: LT Alsdorf-Ost
Number: 11224

Course: 11.00 km
HaldenWalk Walking

Total time: 1:36:01

Speed: 6.87 km/h

metres in height up: 75
Course score: 12.13

performance score: 86 Points