



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Mader, Simone

Club: Ahlen

Number: 11272

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:32:12

Speed: 7.16 km/h

metres in height up: 75

Course score: 12.13

performance score: 89 Points