



3. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 18.09.2016

Detailed evaluation

Middendorf, Petra

Club: LiVe Laufftreff in Versmold
Number: 22364

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:32:34

Speed: 8.65 km/h

metres in height up: 107

Course score: 23.61

performance score: 204 Points