



Detailed evaluation

Kāpiņa, Inga

Club: VSK Noskrien
Number: 15

Course: 27.60 km
Lusis

Category:
SL3A

Total time: 2:38:51

Speed: 10.42 km/h

Rank in course/Total: 110 (of 257)

Rank in course/Total: 10 (of 64)

Best time in course: 2:16:03

Rank in category: 4(of 19)

Best time in the category: 2:26:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Total	Behind Total
101	-	34:23	-	4	3:07	12	5:39	-	34:23	-	4	3:07	12	5:39
102	-	19:40	-	4	1:43	11	2:30	-	54:03	-	4	4:23	11	8:09
103	-	36:55	-	4	3:30	11	5:41	-	1:30:58	-	4	7:53	11	13:50
104	-	12:56	-	4	1:03	10	1:38	-	1:43:54	-	4	8:56	10	15:28
105	-	41:48	-	4	2:39	10	5:10	-	2:25:42	-	4	11:35	10	20:38
111	-	10:18	-	4	1:00	11	1:23	-	2:36:00	-	4	11:59	10	22:01
112	-	1:54	-	5	0:31	18	0:43	-	2:37:54	-	4	12:20	10	22:44
Finish	-	0:57	-	1	-	4	0:08	27.60	2:38:51	-	4	12:15	10	22:48