



## Detailed evaluation

Palmbaha, Ilze

Total time: 5:25:55

Speed: 5.89 km/h

Number: 200

Course: 32.00 km

Rank in course/Total: 193 (of 199)

Lusis

Rank in course/Women: 43 (of 46)

Best time in course: 2:38:05

Category:

Rank in category: 12(of 13)

SL3A

Best time in the category: 2:38:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	4.75	38:41	6.20	12	19:03	44	19:03	4.75	38:41	6.20	12	19:03	44	19:03
102	0.25	5:29	0.00	10	2:09	38	2:44	5.00	44:10	6.79	12	21:12	44	21:12
103	5.00	48:58	6.13	12	20:37	44	21:16	10.00	1:33:08	6.44	12	41:49	44	41:49
104	7.00	1:00:20	6.96	12	28:41	44	28:41	17.00	2:33:28	6.65	12	1:10:30	44	1:10:30
105	6.00	1:09:49	5.16	12	38:58	43	38:58	23.00	3:43:17	6.18	12	1:49:28	43	1:49:28
106	6.00	1:08:14	5.28	13	38:33	45	38:33	29.00	4:51:31	5.97	12	2:28:01	44	2:28:02
Finish	3.00	34:24	5.23	13	19:49	46	19:49	32.00	5:25:55	5.89	12	2:47:50	44	2:47:50