



Detailed evaluation

Straumēns, Kristaps

Club: CrossFit Rīdzene
Number: 2566

Course: 13.00 km
Zakis

Category:
VZ3C

Total time: 1:03:52

Speed: 12.21 km/h

Rank in course/Total: 18 (of 710)

Rank in course/Men: 17 (of 369)

Best time in course: 54:11

Rank in category: 10(of 302)

Best time in the category: 54:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
101	4.75	20:10	14.13	16	23	3:25	3:25	4.75	20:10	14.13	16	23	3:25	3:25
102	0.25	3:41	4.07	15	21	1:11	1:11	5.00	23:51	12.58	15	22	4:02	4:02
104	7.00	31:25	13.37	11	17	4:51	4:51	12.00	55:16	13.03	14	21	8:53	8:53
Finish	1.00	8:36	6.98	8	13	0:48	0:48	13.00	1:03:52	12.21	10	17	9:41	9:41