



Detailed evaluation

Laganovskis, Jānis

Club: VSK Noskrien
Number: 1036

Course: 23.00 km
Stirnu buks

Category:
VB2B

Total time: 3:14:55

Speed: 7.08 km/h

Rank in course/Total: 327 (of 379)

Rank in course/Men: 233 (of 253)

Best time in course: 1:34:38

Rank in category: 147(of 155)

Best time in the category: 1:37:35

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|------------|-------------|-------------|---------|------------|---------------|------------|------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 101 | 4.75 | 34:32 | 6.95 | 153 | 18:13 | 246 | 18:14 | 4.75 | 34:32 | 6.95 | 153 | 18:13 | 246 | 18:14 |
| 102 | 0.25 | 5:08 | 0.00 | 140 | 2:38 | 219 | 2:57 | 5.00 | 39:40 | 7.56 | 153 | 20:31 | 248 | 20:59 |
| 103 | 5.00 | 44:25 | 6.75 | 146 | 22:10 | 235 | 22:10 | 10.00 | 1:24:05 | 7.14 | 148 | 42:23 | 239 | 42:23 |
| 104 | 7.00 | 52:05 | 8.06 | 151 | 25:17 | 239 | 26:09 | 17.00 | 2:16:10 | 7.49 | 149 | 1:07:40 | 240 | 1:08:23 |
| 106 | 4.00 | 37:38 | 6.38 | 149 | 21:08 | 237 | 21:44 | 21.00 | 2:53:48 | 7.25 | 149 | 1:28:26 | 239 | 1:30:07 |
| Finish | 2.00 | 21:07 | 5.68 | 123 | 9:01 | 189 | 10:10 | 23.00 | 3:14:55 | 7.08 | 147 | 1:37:20 | 235 | 2:04:14 |