



Detailed evaluation

Sorokina, Jūlija

Club: CrossFit Rīdzene
Number: 2389

Course: 13.00 km
Zakis

Category:
SZ3C

Total time: 1:30:59

Speed: 8.57 km/h

Rank in course/Total: 309 (of 710)

Rank in course/Women: 75 (of 341)

Best time in course: 1:00:10

Rank in category: 63(of 270)

Best time in the category: 1:00:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
101	4.75	27:33	8.71	41	9:14	54	9:14	4.75	27:33	8.71	41	9:14	54	9:14
102	0.25	5:50	0.00	132	2:21	167	2:21	5.00	33:23	8.99	48	11:30	62	11:30
104	7.00	44:02	9.54	69	14:36	82	14:36	12.00	1:17:25	9.30	57	26:06	68	26:06
Finish	1.00	13:34	4.42	92	4:43	111	4:43	13.00	1:30:59	8.57	63	30:49	75	30:49