



Detailed evaluation

Ābols, Jānis

Club: VSK Noskrien
Number: 165

Course: 32.00 km
Lusis

Category:
VL2A

Total time: 3:08:13

Speed: 10.20 km/h

Rank in course/Total: 70 (of 199)

Rank in course/Men: 62 (of 153)

Best time in course: 2:13:06

Rank in category: 37(of 89)

Best time in the category: 2:13:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
101	4.75	22:22	10.73	31	6:03	50	6:03	4.75	22:22	10.73	31	6:03	50	6:03
102	0.25	3:50	0.00	44	1:44	63	1:44	5.00	26:12	11.45	31	7:16	49	7:16
103	5.00	30:38	9.79	32	6:27	51	6:27	10.00	56:50	10.56	30	12:28	49	12:28
104	7.00	36:33	11.49	37	10:18	63	10:18	17.00	1:33:23	10.92	31	22:44	51	22:44
105	6.00	38:43	9.30	46	12:51	79	12:51	23.00	2:12:06	10.45	35	35:26	59	35:26
106	6.00	36:38	9.83	41	12:14	71	12:14	29.00	2:48:44	10.31	35	47:23	61	47:23
Finish	3.00	19:29	9.24	59	7:44	97	7:44	32.00	3:08:13	10.20	38	55:07	64	55:07